

# CARBON MONOXIDE (CO) SAFETY

## DANGERS OF CARBON MONOXIDE

Carbon Monoxide (CO) is a silent killer. Since the symptoms of CO poisoning mimic those of the flu, victims often don't realize the cause of their illness. CO symptoms can occur immediately or more gradually after long-term exposure. Protect your family by learning the symptoms.

## SYMPTOMS DO NOT INCLUDE FEVER, BUT DO INCLUDE:

- Dizziness
- Shortness of breath
- Headaches
- Confusion
- Nausea
- Fainting

## IT'S ALSO IMPORTANT TO KNOW THAT YOU CAN'T SEE OR SMELL CO. ONLY A CARBON MONOXIDE DETECTOR CAN ALERT YOU TO A PROBLEM.

Health officials recommend having CO detectors on every level of your home and within ten feet of any sleeping areas. Just as you do with smoke detectors, check and replace batteries in CO detectors too.

CO comes from poorly functioning appliances, or appliances that are not vented or incorrectly vented. Appliances such as furnaces, space heaters, and even gas or charcoal grills all pose a threat. Outdoor equipment such as portable generators, heaters, and stoves, can create dangerous levels of CO in cabins and especially in hunting and fishing shacks.

Have your natural gas appliances inspected regularly. Make recommended repairs promptly and keep them in good working order.

If you suspect CO poisoning, get fresh air immediately. Be sure to call for help before helping others. That way you don't lose consciousness before making that first call to alert emergency responders.

## IF YOU HAVE A NATURAL GAS RELATED EMERGENCY CALL: 888-832-5734



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